



# Manure biostabilization by effective microorganisms as a way to improve its agronomic value

D. Hidalgo<sup>1,2</sup> · F. Corona<sup>1,2</sup> · J.M. Martín-Marroquín<sup>1,2</sup>

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## Abstract

The traditional logic behind effective microorganism is based on a media inoculation with mixed cultures of beneficial microorganisms to create a more favorable environment for plant growth and health when the media is the soil. Following this rationale, other research works have been focused on studying the effect of effective microorganisms when they are used as manure stabilizing agents, in some cases by including them in animal diets, reporting, in all cases, beneficial properties. However, the use of effective microorganisms is not yet widespread. One reason may be that no rigorous research has so far been done on the actual utility of these mixed cultures on manure stabilization and crop production. In this work, the potential uses of effective microorganisms are shown with the focus on evaluating the influence of these mixed cultures on the biostabilization of manure before its use as fertilizer. This work also presents some new perspectives on the role and application of effective microorganisms as microbial inoculants to achieve a microbiological balance of manure so that it can improve its quality, increasing production and protection of crops when applied as fertilizer, helping to conserving natural resources and creating a more sustainable agriculture and environment. Finally, this document also reviews strategies on how to improve the effect of effective microorganisms after their inoculation into the soil as part of the manure.

**Keywords** Circular economy · Effective microorganisms · EM · Microbial diversity · Nutrient cycle · Biofertilisers · Animal waste

## 1 Introduction

The uniqueness of microorganisms and their often unpredictable nature and biosynthetic capabilities, depending largely on environmental conditions, have made them likely candidates to solve particularly difficult problems in different fields of science. Microorganisms have been used successfully for the past 50 years to promote environmental protection, agricultural biotechnology, and more effective treatment of agricultural and municipal waste. Many of these technological advances would not have been possible simply using chemical or physical methods, or if they were, they probably would not have been economically feasible [1]. However, while microbial technologies have been applied

to various agricultural and environmental problems with considerable success in recent years, they have not always been readily accepted because it is often difficult to consistently reproduce their beneficial effects. Microorganisms are effective only when they are presented with the right and optimal conditions to metabolize their substrates, including available water, nutrients, pH, and the temperature of their environment.

The inappropriate use of animal manure and other waste streams as fertilizers has traditionally caused serious environmental and social problems around the world. Often the way to solve these problems has been using established chemical and physical methods. However, it has generally been found that such problems cannot be solved without using microbial methods and technologies in coordination with agricultural production [2, 3]. For many years, microbiologists have tended to differentiate microorganisms into harmful or beneficial according to their functions and how they affect the media in which they act [4]. When dealing with agricultural issues, beneficial microorganisms are usually considered those that can decompose organic wastes

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✉ D. Hidalgo  
dolhid@cartif.es

<sup>1</sup> CARTIF Technology Centre, Boecillo, 47151 Valladolid, Spain

<sup>2</sup> ITAP, University of Valladolid, 47010 Valladolid, Spain

and residues, fix atmospheric nitrogen, detoxify pesticides, enhance nutrient cycling, suppress plant diseases and soil-borne pathogens, and produce bioactive compounds that stimulate plant growth. On the other side, harmful microorganisms are those achieving the opposite effects [5].

In this scenario, a new concept arises: effective microorganisms (EM), mixed cultures of beneficial naturally-occurring organisms that can be applied as inoculants to increase the microbial diversity of an ecosystem. The concept of EM was developed in the 1980s by Higa [6] to refer to a typology of beneficial microorganisms. EM contains selected species of microorganisms including predominant populations of lactic acid bacteria and yeasts, photosynthetic bacteria, and other types of organisms. All of these are mutually compatible with one another and can coexist in liquid culture. The rationale behind the interest of EM is that inoculating a medium with mixed cultures of beneficial microorganisms can create a more favorable environment for microorganisms or living organisms already present.

Research has shown that inoculating the soil-plant ecosystem with EM, soil quality and health can improve, as well as crop quality, yield, and growth [5]. One of the reasons found for these effects is that photosynthetic bacteria, the main components of EM, are reported to work synergistically with other microorganisms to support the nutritional requirements of plants and reduce the incidence of pathogenic microorganisms [7]. Olle and Williams [8], studied the effect of EM when applied to soil on growth, yield, quality, and protection of vegetables, stated that 70% of published studies on this issue concluded that EM had a positive effect on growth of plants. The same authors concluded in another paper [9] that EM interact with the soil-plant ecosystem to suppress plant pathogens and agents of disease, to solubilize minerals, to conserve energy, to maintain the microbial-ecological balance of the soil, to increase photosynthetic efficiency, and to fix biological nitrogen.

Following this rationale, other research works have been focused on studying the effect of EM when they are included in animal diets. It has been shown that these EM, when they come into contact with the organic matter that makes up the animal's diet, secrete beneficial substances such as vitamins, organic acids, chelated minerals, and antioxidants [10]. The presence of EM generates also an increase in the production of short-chain fatty acids, which reduces the pH, exerting an antibacterial effect through a selective blocking of pathogen colonization (adhesion) [11]. The use of EM in animal production is promising since different studies found an advantage regarding the repression of the growth of pathogenic organisms with antibiotics. On the other hand, they do not generate chemical residues that could be transmitted to humans [12]. Safalaoh et al. [13] studied the potential role of EM as an alternative to antibiotics in broiler diets, founding positive results with the EM effects more pronounced

at the higher dosage (30 g/kg). The absence of antibiotics in the diet reduces the environmental impact of the manure generated (free of these chemicals), and improves its potential properties as an organic amendment. Reszka et al. [14] developed a similar study with pigs, concluding that EM supplementation resulted in an increase in the protein content of the meat, which translates into better utilization of dietary nutrients that are transferred to the meat rather than to the manure, improving the economics and sustainability of the livestock rearing process. Razak [15] found that EM promoted fast growth performance in female goats and also lowered the worm burden in the animal and, consequently, in the manure. Ballena [16], in a study with laying hens, concluded that the application of EM in feeds improved production and economic parameters in hen farms, becoming a viable alternative in poultry production. Similar conclusions were obtained in studies carried out with pigs [17].

The use of EM during composting is also considered a highly efficient practice, since it favors the production of different enzymes that results in a better degradation rate of the feedstocks [18]. It is mainly indicated in the composting of slow decomposition waste, such as waste with a high C/N ratio (woody parts of the plant, straws), grasses and fats [19]. Not only the feedstock used, but also the microbiota involved in the process totally influence the quality of the compost produced [20]. The addition of EM to the substrate promotes organic degradation in the composting process by releasing hydrolytic enzymes that break down complicated structured molecules, forming water-soluble compounds [21]. Microbial also influence on nutrients (mainly nitrogen) conservation [22]. In addition to metabolizing organic compounds, EM produce simple plant-usable compounds that improve agricultural use and stabilize the natural ecosystem when added to the soil [18]. Table 1 summarizes previous experiences of EM addition to different waste streams, resulting in accelerated composting with higher nutrient retention and an increment of potential biogas in the anaerobic digestion.

Some researchers have gone one step further in the study of potential uses for EM evaluating the potential role of EM on the biostabilization of manure before its use as a fertilizer. EM possess several useful characteristics in processes of stabilization of animal manure, among which are the fermentation of organic matter without the release of bad odors and its ability to convert toxic components ( $H_2S$ ) into non-toxic substances ( $SO_4$ ) [55]. This review discusses the most relevant research related to the nature of EM and how they influence the evolution of manure and its behavior during fertilization processes. The present review also sought to elucidate on the effects of possible mechanisms on EM linking to nutrients enrichment and beneficial effect of bioestabilized manure. It is expected that this review will be helpful in understanding the insight into the promotion of essential microorganisms in manure as well as providing a

**Table 1** Effect of EM addition on waste streams valorization.

| Substrate        | Added EM  | Observed effects  | Ref.         |
|------------------|---|---|--------------|
| Food waste       | Actinomycete: <i>Thermoactinomyces vulgaris</i> A31   | Increase of total nitrogen content.<br>Increase of germination index and germination rate.<br>Acceleration of the composting process.   | [23]<br>[24] |
|                  | Yeast: <i>Pichia kudriavzevii</i>   | Increase of pH and temperature.<br>Promoted the degradation of organic matter   | [25]         |
|                  | Mixed culture: lactic acid bacteria, yeast, and photosynthetic bacteria                           | Acceleration of the composting process: C/N ratios stabilized earlier, faster reduction of volatile solids.   | [26]         |
|                  | Lactic acid bacteria: <i>Pediococcus acidilactici</i>   | Acceleration of organic matter degradation.<br>Enhanced proliferation of beneficial fungi.  | [27]         |
|                  | Lignocellulolytic consortium  | Acceleration of the composting process: Faster reduction of sodium content, faster reduction of electrical conductivity.  | [28]         |
|                  | Mixed culture: lactic acid bacteria, yeast, and photosynthetic bacteria                           | Acceleration of humic substances production.<br>Increase of germination index and germination rate.   | [29, 30]     |
|                  | Mixed culture: Actinomycetes, lactic acid bacteria, yeast, fungi, and photosynthetic bacteria     | Increase of temperature.<br>Greater fat reduction.<br>Suppression of odors.<br>Enhanced humification process.   | [31]         |
|                  | Fungi: <i>Phanerochaete chrysosporium</i> , <i>Fomes fomentarius</i> , <i>Trametes versicolor</i> | Accelerated degradation of organic matter.<br>Higher degrading ratio and a better degree of maturity.<br>Increased enzymatic activities (mainly, protease and dehydrogenase). | [32]         |
|                  | Cellulolytic microbial mix: <i>Trichoderma reesei</i> , <i>Phanerochaete chrysosporium</i>        | Increase of germination index and germination rate.<br>Acceleration of the composting process: C/N ratios stabilized earlier.   | [33]         |
|                  | Mixed culture: <i>Nitrobacter</i> , <i>Thiobacillus</i> , fungi                                   | Enhanced humification process.<br>Increased efficiency of composting process.<br>High degradation of organic matter.<br>Early maturity.                                       | [34]         |
| MSW <sup>1</sup> | <i>Trichoderma viride</i> , <i>Aspergillus flavus</i> , <i>Aspergillus niger</i>                  | Increase of germination index and germination rate.<br>Improved anaerobic digestion of cellulosic biomass.<br>Rapid mineralization.   | [35]<br>[36] |
|                  | Cellulolytic consortium of <i>Clostridia</i><br>Cellulolytic EM                                   | Increased release of reducing sugars.<br>Increased enzyme activity.<br>Increased composting stability.  | [37]         |
|                  | Inoculums extracted MSW sludge  | Acceleration of the composting process.<br>Increased composting stability.  | [38]         |
|                  | Psychrotrophic bacteria<br><i>Aspergillus Niger</i>   | Acceleration of the composting process: C/N ratios stabilized earlier.  | [39]         |

Table 1 (continued)

| Substrate  | Added EM  | Observed effects  | Ref. |
|------------|---|---|------|
| Agri waste | Cellulolytic consortium: <i>Trichoderma</i> sp., <i>P. Chryso sporium</i> , <i>A. Oryzae</i>                      | Enhanced enzyme production and synergism of enzymes.  | [40] |
|            | <i>Bacillus subtilis</i> and <i>Pseudomonas</i>   | Acceleration of the composting process.<br>Faster reduction in C/N ratio, NH <sub>4</sub> <sup>-</sup> and NO <sub>3</sub> <sup>-</sup> ion concentrations.   | [41] |
|            | Cellulolytic and deodorising bacteria: <i>Phanerochaete chryso sporium</i>  | Acceleration of the composting process.<br>Increase of pH and temperature.<br>Enhancement of the substrate usability.   | [42] |
|            | <i>Phanerochaete chryso sporium</i>   | Reduction in total organic matter, temperature, C/N ratio, and soluble-exchangeable Pb.   | [43] |
|            | <i>Trichoderma</i>  | C:N ratio stabilized earlier.<br>Compost with increased NPK content.  | [44] |
|            | <i>Bacillus subtilis</i> and <i>Chaetomium thermophilum</i>   | Enhanced plant growth performance, micronutrient soil content, and crop yield production.<br>Accelerated the degradation of proteinaceous compounds.  | [45] |
|            | Cellulolytic and lignocellulolytic bacteria   | Increased formation of humic-like materials. Enhanced humification process.<br>Increased efficiency of composting process.  | [46] |
|            | <i>Pseudobutyrvibrio xylanivorans</i>   | Compost quality parameters stabilized earlier: pH, germination index, NPK content, C/N ratio.   | [47] |
|            | Consortium of the genus <i>Clostridium</i>  | Operational composting parameters improved:<br>Odor reduction, enzymatic activity increased.  | [48] |
|            | Consortium: <i>Clostridium</i> sp., <i>Pseudoxanthomonas</i> sp., <i>Brevibacillus</i> sp., <i>Bordetella</i> sp. | Increased efficiency of composting process.<br>Increment of biogas production in the AD of brewery spent grain: 17.8%.  | [49] |
|            | Consortium: Yeast, cellulolytic bacteria, lactic acid bacteria  | Increment of biogas production in the AD of sweet corn processing residues: 56%.  | [50] |
|            | Cellulose degrading bacteria  | Increment of biogas production in the AD of maize straw: 74.7%.<br>Increment of biogas production in the AD of corn straw: 33.1%.<br>Increment of biogas production in the AD of maize silage: 38%. | [51] |

Table 1 (continued)

| Substrate | Added EM  | Observed effects   | Ref. |
|-----------|---|--|------|
| Manure    | Psychrotrophic bacteria and thermophilic fungi: <i>Brevundimonas diminuta</i> , <i>Flavobacterium glaciei</i> , <i>Aspergillus niger</i> , and <i>Penicillium commune</i>   | Accelerated maturity of dairy manure + rice straw composting under cold climate conditions.  | [51] |
|           | Consortium: <i>Bacillus licheniformis</i> , <i>Bacillus megaterium</i> , <i>Bacillus thuringiensis</i> , <i>Bacillus subtilis</i> , <i>Bacillus amyloliquefaciens</i> , <i>Cellulosimicrobium funkei</i> , <i>Cellulomonas</i> sp., <i>Thermomonospora</i> sp., and <i>Streptomyces</i> sp. | Accelerated maturity of cattle manure + rice straw.<br>Accelerated organic matter degradation.   | [52] |
|           | Consortium: <i>Bacillus thuringiensis</i> , <i>Bacillus licheniformis</i> , <i>Bacillus subtilis</i> , <i>Paenibacillus humicus</i> , <i>Aspergillus fumigatus</i> Fresenius, <i>Trichoderma longibrachiatum</i> , <i>Trichoderma</i> sp.   | Improvements in the transformation of nitrogen, humification levels, and composting maturity of chicken manure + maize straw.                | [53] |
|           | <i>Lactobacillus plantarum</i>  | Accelerated the process of composting sheep manure and improved the quality of the final product, particularly the total phosphorus content. | [54] |

<sup>1</sup>MSW, municipal solid waste; AD, anaerobic digestion

solution to further improve the presence of certain nutrients in the proper chemical form in the final products, as well as the absence of unwanted elements.

## 2 Effective microorganisms

These microorganisms are classified into large functional groups such as: photosynthetic bacteria, lactic acid bacteria, group of yeasts, group of actinomycetes and fungi. Their expected functions in the receiving environment (e.g. manure) are, among others: fixation of atmospheric nitrogen, decomposition of organic matter, suppression of pathogens, recycling and increasing the availability of nutrients for plants, degradation of toxins including pesticides, production of antibiotics and other bioactive components, production of simple organic molecules, formation of heavy metal complexes (poorly absorbed by plants), solubilization of insoluble nutrient sources, and the production of polysaccharides that can improve soil aggregation [56].

### 2.1 Photosynthetic bacteria (phototrophic bacteria)

They are a group of microorganisms mainly represented by the species *Rhodospseudomonas palustris* and *Rhodobacter sphaeroides*, facultative autotrophic microorganisms. These are independent microorganisms that synthesize bioactive substances, nucleic acids, aminoacids, and sugars from manure, used by other microorganisms, heterotrophs in general, as substrates to increase their populations [57]. More specifically, *R. palustris* is a facultative phototrophic bacterium classified as a non-sulfur purple bacterium. This species is capable of producing aminoacids, organic acids, hormones, vitamins, and sugars, where all of them can be used by heterotrophic microorganisms for their growth [56]. On the other hand, *R. sphaeroides* is a Gram-negative, facultative photosynthetic bacterium. In addition to photosynthetic activity, *R. sphaeroides* shows great metabolic diversity that includes lithotrophism, aerobic and anaerobic respiration, nitrogen fixation and the synthesis of tetrapyrroles, chlorophylls, and vitamin B12 [58]. In the absence of oxygen, they prefer to get all their energy from light through photosynthesis, growing and increasing their biomass while absorbing CO<sub>2</sub>, but they can also grow by degrading toxic and non-toxic carbon compounds in the presence of oxygen. They can use the energy from infrared band of solar radiation from 700 to 1200 nm to produce the organic matter, while plants cannot, so the efficiency of the plants after fertilization with phototrophic bacteria enriched manure is increased [7]. The metabolites generated by these microorganisms in the manure are absorbed directly by the plants after their application and act as a substrate for the population increase of beneficial microorganisms. For example, in the rhizosphere,

the vesicular arbuscular mycorrhizae are increased thanks to the availability of nitrogenous compounds (amino acids) that are secreted by phototropic bacteria. Mycorrhizae, in response, increase the solubility of phosphates in the soil and therefore provide phosphorus that was not previously available to plants. Mycorrhizae can also coexist with azobacter and rhizobiums, increasing the ability of plants to fix nitrogen from the atmosphere [59].

## 2.2 Lactic acid bacteria

These bacteria are acid tolerant so some can grow at pH values as low as 3; others at values as high as 9; and most grow at a pH between 4 and 4.5. These characteristics allow them to survive naturally in environments where other bacteria would not be able to do it [60]. This group of bacteria includes genera such as *Lactobacillus* (*L. plantarum*, *L. casei*), *Lactococcus*, *Bifidobacterium*, *Streptococcus* (*S. lactis*), and *Pediococcus*, which can be isolated from fermented foods or the intestinal tract of animals. These bacteria do not reduce nitrate to nitrite and produce lactic acid as the only or main product of carbohydrate fermentation [61]. Lactic acid is a powerful sterilizer. It suppresses harmful microorganisms and favors the rapid decomposition of organic matter. In addition, lactic acid bacteria enhance the breakdown of organic matter, such as lignin and cellulose, and ferment these materials, which normally take a long time [62]. Lactic acid bacteria can show an antagonistic effect against different phytopathogenic agents in manure mainly due to the decrease in pH and the production of peptides with antimicrobial activity, such as class I bacteriosins and nisin, highly active against Gram positive bacteria. From a bioecological point of view, these bacteria are microaerophilic, so they thrive in an atmosphere with 5% CO<sub>2</sub>. They are slow-growing microorganisms highly dependent on temperature, whose optimum is 30 °C [63]. Lactic acid bacteria have the ability to suppress the spread of *Fusarium*, which is a harmful microorganism that causes disease problems in crops [64]. There is no precise information about the way in which lactic acid bacteria act in the treatment of manures, but taking into account their characteristics, it is suggested that by lowering the pH an inhibition of pathogens is generated. However, not only lactic acid is responsible for the antimicrobial effects generated by lactobacilli [65].

## 2.3 Yeasts

They are a microbial group present in the preparation of EM capable of using various sources of carbon (glucose, sucrose, fructose, galactose, maltose, hydrolyzed whey, and alcohol) and energy. Several species of the genus *Saccharomyces* make up this microbial community, although the species *Saccharomyces cerevisiae* and *Candida utilis* prevail. These

microorganisms require ammonia, urea or ammonium salts and a mixture of amino acids as a nitrogen source. They are not capable of assimilating nitrates or nitrites [66]. Other nutrients required by these microorganisms are phosphorus, magnesium (magnesium sulfate), calcium, iron, copper, zinc, and B complex vitamins [67]. These microorganisms synthesize antimicrobial substances from sugars and amino acids secreted by photosynthetic bacteria; they also produce bioactive substances such as hormones and enzymes that are substances used by lactic acid bacteria present in EM. As part of their fermentative metabolism, yeasts produce ethanol in relatively high concentrations, which is also recognized as an antimicrobial substance. It is therefore assumed that by degrading the carbohydrates present in manure, ethanol will be produced, which can function as an antagonistic substance against pathogenic microorganisms [68].

## 2.4 Actinomycetes

They are filamentous bacteria with some similarity to fungi. The growth consists of a branched mycelium that tends to fragment into bacterial elements. Many actinomycetes are free-living, particularly in the soil. They stand out for their main role in the solubilization of the cell wall or components of plants, fungi, and insects. For this reason, they are of great importance in composting and in soil formation. As components of EM, *Streptomyces albus* and *Streptomyces griseus* are the most reported actinomycete species [69]. Several species of actinomycetes, mainly those belonging to the genus *Streptomyces*, are excellent biological control agents due to their wide repertoire to produce antifungal compounds that inhibit the mycelial growth of various phytopathogenic fungi. The antagonistic activity of *Streptomyces* against pathogenic fungi is generally related to the production of antifungal compounds such as extracellular hydrolytic enzymes (chitinases and  $\beta$ -1,3-glucanase). They are considered important hydrolytic enzymes in the lysis of the cell walls of *Fusarium oxysporum* Schltdl., *Sclerotinia minor* Jagger, and *Sclerotium rolfsii* Sacc. [70]. Actinomycetes can coexist with photosynthetic bacteria. Thus, these species improve the quality of the medium on which they are added (e.g. manure), by increasing their antimicrobial activity. The central role during the degradation of manure in composting process is played by the actinobacteria. In general, the degradation of manure biopolymers is accomplished by the action of enzymes synthesized by actinobacteria such as  $\alpha$ -amylase, glucose-isomerase, glucoamylase, and proteases [71].

## 2.5 Fermenting fungi

Fungi break down organic matter quickly to produce alcohol, esters, and antimicrobial substances, suppress odours,

and prevent infestation by harmful insects and worms. The fungi contribute to the processes of mineralization of the organic carbon of the manure; in addition, a large number of fungi are antagonistic to phytopathogenic species. On the other hand, fungi have the ability to reproduce both sexually and asexually, where the latter allows them to multiply rapidly under favorable conditions (acidic and carbon-rich substrates) and the sexual (spores) is more common under unfavorable conditions. Fungi have relatively low nitrogen requirements, which give them a competitive advantage in the decomposition of materials such as straw and wood [72]. Among the main representatives of these fungi in EM cultures are the following species: *Aspergillus oryzae* (Ahlburg) Cohn, *Penicillium* sp., *Trichoderma* sp., and *Mucor hiemalis* Wehmer. *A. oryzae* is a microscopic, aerobic, and filamentous fungus. This species has been used for millennia in Chinese, Japanese, and other East Asian cuisine, especially to ferment soybeans and rice, although cellulolytic activity is also reported [58]. Several species of the genus *Penicillium* are excellent degraders of lignin and cellulose, very common in tropical ecosystems due to their ability to secrete extracellular enzymes, their adaptation to acidic environments and water stress, and their rapid growth [73]. The species belonging to the genus *Trichoderma* sp. are characterized by being saprophytic fungi, which survive in substrates with different amounts of organic matter, which are capable of decomposing it and, under certain conditions, they can be facultative anaerobes, which allows them to show greater ecological plasticity. *Trichoderma* species are present in all latitudes, from the polar zones to the equatorial. This wide distribution and their ecological plasticity are closely related to their high enzymatic capacity to degrade substrates, a versatile metabolism and resistance to microbial inhibitors. *Trichoderma* species can exert different biocontrolling mechanisms such as competition for space and nutrients, mycoparasitism, antibiosis, and resistance induction [74].

All these abovementioned microorganisms have fermentation properties, production of bioactive substances, competition and antagonism with pathogens, and help to maintain a natural balance between the microorganisms already existing in the environment, bringing positive effects on the health and well-being of the ecosystem [75]. Authors such as Ramírez [76] state that when EMs are inoculated in a medium, the individual effect of each microorganism is greatly magnified in a synergistic way by their action in the community and hence the interest in their joint application. Ramírez [76] also states that the different types of microorganisms in the EM mixture take substances generated by other organisms and base their functioning and development on this. According to Luna [56], manure contains substances that are used by these microorganisms to grow, synthesizing amino acids, nucleic acids, vitamins, hormones, and other bioactive substances. The different species of EM

(phototropic bacteria, lactic acid, actinomycetes, yeasts, and fungi) have their respective functions. However, phototropic bacteria can be considered the core of EM activity. Phototropic bacteria enhance the activities of the other microorganisms. This phenomenon is called “coexistence and co-prosperity.” The increase in EM populations in the soils, thanks to the addition of an enriched slurry as a fertilizer, promotes the development of beneficial microorganisms already existing in the soil. As a consequence, the soil microflora becomes abundant, and therefore, the soil develops a well-balanced microbial system. In this process, specific microbes (especially harmful ones) are suppressed, in turn reducing soil microbial species that cause disease. In contrast, in these developed soils, EM maintains a symbiotic process with plant roots next to the rhizosphere [59].

Knowledge of the types of bacteria and fungi that are part of the EM mixture added to manure and that contribute to its stabilization (through the decomposition and transformation of organic matter and nutrients and the elimination of pathogens) is essential to develop enrichment alternatives of stabilized manure or compost with a high content of nutrients in forms available to plants [77]. In many cases, microorganisms added as part of the EM mixture are classified according to the element on which they act, such as organic matter, nitrogen, phosphorus, or potassium. In this way, stabilization strategies can be designed based on the composition of the raw material to be processed, as shown in Table 2.

### 3 Effects of EM on manure

The addition of EM directly to manure seeks to establish populations of beneficial microorganisms, preventing the proliferation of other harmful ones. In this way, EM, by fermentation of the material, reduces the generation of bad odors and the presence of pest insects [59]. Recently, Hamad et al. [78] have carried out a study where have demonstrated the inhibitory role of EM on the growth of pathogenic bacteria. These authors showed how the addition of EM at low concentration (1%) avoided the growth of pathogenic bacteria in general and *S. aureus* and *E. coli* particularly. The results of this study confirm the results of other previous studies that also showed the efficacy of EM in inhibiting the growth of pathogenic bacteria in different media. Safwat et al. [79] noted that the use of EM at concentrations of 1% and even lower had a significant inhibitory effect on the growth of ten types of pathogens (bacteria and fungi), including, in addition to *S. aureus* and *E. coli*, the following: *Bacillus subtilis*, *Neisseria gonorrhoeae*, *Pseudomonas aeruginosa*, *Streptococcus faecalis*, *Aspergillus flavus*, *Aspergillus niger*, *Candida albicans*, and *Candida parapsilosis*. The importance of this finding is very high given that some

**Table 2** Role and mechanisms of EM in manure biostabilization process (adapted from [77])

| Target element | Microorganisms   | Mechanisms  | Main role  |   |
|----------------|--|---|--|---|
| Organic matter | <u>Actinomicetes:</u><br><i>Streptomyces</i> spp.<br><i>Thermoactinomyces</i> spp.<br>Nocardia   | Production of phytohormones;<br>Synthesis of hydrolytic enzymes.  | Prominent role in the degradation of organic matter and recalcitrant polymers such as cellulose and lignin.                  |   |
|                |  |   | Active promoters of plant growth.  |   |
| Nitrogen       | <u>Phototrophic bacteria:</u><br><i>Nitrobacter</i> spp.<br><i>Nitrosomonas</i> spp.<br><i>Nitrospira</i> spp.<br><i>Nitrosococcus</i> spp.<br><i>Nitrosolobus</i> spp.<br><i>Nitrococcus</i> spp.<br><i>Pseudomonas</i> spp.<br><i>Xanthomonas</i> spp.<br><i>Bacillus</i> spp. | Nitrogenase enzymatic complex;<br>Ammoniamonooxygenase,<br>Nitriteoxidoreductase,<br>hydroxylamineoxidoreductase;<br>Nitrate-reductase. | Total nitrogen fixation; organic nitrogen oxidation; nitrate reduction.  |   |
|                | Phosphorus   | <u>Fermenting fungi:</u><br><i>Penicillium</i> spp.<br><i>Aspergillus</i> spp.  | Production of acidic compounds (oxalic, nitric, carbonic, H <sub>2</sub> S);<br>Alkaline phosphatase and phytase production. | Phosphorus solubilization; contribution to the humus production; enzyme production. |
|                |  | <u>Phototrophic bacteria:</u><br><i>Pseudomonas</i> spp.<br><i>Enterobacter</i> spp.<br><i>Bacillus</i> spp.                            |  |   |
|                |  | Potassium   | <i>Bacillus</i> spp.   |   |
|                | Pathogens  | <u>Lactic acid bacteria:</u><br><i>Lactobacillus</i> spp.<br><i>Lactococcus</i> spp.  | Production of acidic compounds (lactic acid);<br>Synthesis of antimicrobial substances (e.g. ethanol);                       | Media sterilization.  |
|                |  | <u>Yeast:</u><br><i>Saccharomyces</i> spp.<br><i>Candida utilis</i>   | Synthesis of hydrolytic enzymes.   |   |

of these microorganisms are characterized by their ability to cause disease in animals and humans, their resistance to antibiotics, and their environmental versatility. This is why these authors even pointed to the use of EM for disinfectant purposes. Another earlier work supporting the pathogen inhibitory character of EM is that of Rahman et al. [80]. These authors tested the effect of EM addition on four bacterial species: *S. aureus*, *Pasteurella* spp., *Salmonella* spp., and *E. coli*, which proved to be highly efficient in inhibiting and reducing the growth of the four bacterial species, in some cases even eliminating their presence from the culture medium. The primary role of EM in inhibiting the growth of pathogenic bacteria is not definitively determined, but it is believed to compete with pathogenic bacteria for food in the medium in which they are found [81]. In addition, the products generated in the metabolism of EM are detrimental to the growth of other bacteria, especially pathogenic bacteria, because they contain lactobacilli that produce lactic acid, which is considered a potent sterilizer that inhibits harmful bacteria [79]. In the field of animal husbandry, it is also

hypothesized that EM help to maintain bacterial balance in the intestines and stimulate the immune system [82].

One of the main functional properties of EM is the fixation of atmospheric nitrogen [42]. By nitrogen fixation is meant the combination of molecular nitrogen with oxygen or hydrogen to give oxides or ammonia that can be incorporated into the biosphere. The reduction of nitrogen to ammonium carried out by free-living bacteria or in symbiosis with some plant species (legumes and some non-woody legumes) is known as biological nitrogen fixation. Within this consortium of nitrogen-fixing microorganisms, there are two large groups: the first represented by symbiotic bacteria and the second by free-living bacteria. The main symbiotic bacteria of interest are the species of the genus *Rhizobium* [83]. On the other hand, within the main free-living bacteria that are capable of fixing atmospheric nitrogen are the genera *Azotobacter*, *Azospirillum*, *Beijerinckia*, *Azoarcus*, *Burkholderia*, *Enterobacter*, *Klebsiella*, and *Bacillus* [84, 85]. Another interesting property of EM is the decomposition of organic matter. The process is based on the activity of the



microorganisms that inhabit the manure that are stimulated by a high presence of these EM. The result of the joint activity is usually a stable fermented organic fertilizer, capable of fertilizing the plants and, at the same time, nourishing the soil [58].

EM also have the ability to suppress phytopathogens from manure. The use of EM consortia has proven to be efficient, for example, in the control of phytonematodes [86]. The reason is that EM can compete for space and nutrients, limiting the development of phytopathogenic species. Likewise, the suppressive activity of EM can be exerted through the production of compounds with antimicrobial activity (antibiotics and antifungal compounds), the production of siderophores, the induction of resistance, production of metabolites, antibiosis, activation of antioxidant systems in plants or the activation of resistance genes in plants [87]. EM in turn can promote nutrient recycling in manure, as well as increase nutrient availability to plants. On the other hand, these microorganisms are capable of degrading toxic agents such as pesticides, producing simple organic molecules that can be taken up by plants or forming complexes with heavy metals, which limits their uptake by the plant. The introduction into the manure of a population of beneficial bacteria has a supportive effect in reducing the microbiological diseases associated with the subsequent application of that manure to the soil. EM inoculation stimulates the “rotation effect,” which occurs as a result of the elimination of pathogenic bacteria and the regeneration of beneficial organisms. Disease suppression is achieved by eliminating available resources between disease-causing microbes and beneficial microbes introduced in the soil with the EM mix, resulting in an improved population of microorganisms that will deplete available resources in manure and lead to a reduction of pathogenic microorganisms [88].

Another characteristic of EM is that they promote the solubilization of poorly soluble nutrient sources. The phosphorus compounds present in manure can be classified into inorganic and organic compounds. The mineral compounds of phosphorus usually also contain variable amounts of aluminum, iron, manganese, and calcium [89]. In many agricultural soils, large reserves of phosphorus are found in an insoluble form, due to the application of phosphorous fertilizers and, in this way, this important nutrient cannot be assimilated by the plant. Phosphate solubilizing microorganisms use different solubilization mechanisms such as the production of organic acids, which solubilize these insoluble phosphates. Soluble phosphates can already be absorbed by the plant, which improves its growth and productivity. By using these phosphate reserves present in the soils, the need to apply chemical fertilizers is also reduced. Phosphate solubilizing microorganisms can play a fundamental and practical role in improving the soil phosphorus reserve, after the addition of EM-enriched manure, without negatively

disturbing the soil microflora [89]. Bacterial inoculation also shows a positive impact on the bioavailability of Fe in the manure, according to Joshi et al. [90]. These authors reported many applications of EM in livestock farming. For example, EM reduce unpleasant odors in farms that result from build-up of trimethylamine and ammonia. Feeding animals a ration that incorporates EM improves their internal microbiota and therefore reduces the intensity of manure odors. These authors also observed that the spraying of EM microorganisms inside the stables, as well as the addition of EM to the drinking water of the animals, improve the microbial environment of the entire barn, including the intestinal bacterial flora of the cattle, helping to avoid diseases. As a result, various beneficial effects are observed, such as that the taste and quality of the animal products improve and the products stay fresh for longer periods. In addition, it is possible to reduce the use of vaccines and antibiotics, thus supporting safer production of animal products from the point of view of both producers and consumers [90].

Focusing on livestock manures, it is well known that they are a source of a diversity of nutrients and can improve the biological, chemical, and physical characteristics of the soil. However, the effects of organic fertilizers on crop yields are long-term and not immediate, so farmers often prefer the use of mineral fertilizers in their cropping systems. The addition of EM along with organic fertilizers is demonstrated to be an effective technique to stimulate the supply and release of nutrients from plants [91]. According to Khaliq et al. [92], the application of organic residues or EM alone does not significantly increase crop yield. However, their integrated use of both products resulted in a 44% increase in yield over the control crop. Application of EM with commercial mineral fertilizer (instead of manure) resulted in a slight increase in yield (14%) over mineral fertilizer alone, demonstrating that EM is more effective when applied with organic fertilizers. The relatively low response of mineral fertilizer compared to the application of EM is justified, according to these authors, by the fact that EM is composed of different microorganisms that can respond well only in the presence of sufficient organic matter. The following sections review the results obtained in different investigations when the EM were added to slurry of different origins to be used as a fertilizing source.

### 3.1 Effects on chicken manure

It is common practice in poultry to overfeed chickens to a minimum weight of 2 kg before entering the market. This practice usually results in a large generation of manure with a high protein content along with other nutrients such as minerals and carbohydrates [93]. These nutrients can be converted into a high-quality organic fertilizer through composting. Composting is a process that takes advantage

of microbial activity to stabilize organic waste under controlled temperature, pH, and humidity conditions. During the process, aerobic microorganisms break down biodegradable organic materials to produce a stable end product known as compost that is rich in humic acid-like substances [94]. Generally, composting manure takes a long time, such as 45 days for chicken manure [95]; however, this process can be enhanced by adding EM to the manure in the generation houses themselves, which, at the same time, has been shown to reduce the local impact of the animals due to odors, the appearance of insects and leaching [96]. Gunawan et al. [97] investigating locally available and affordable alternatives of EM achieved poultry compost maturation at day 24. In another study, Joseph et al. [98] showed that incorporation of EM into poultry manure significantly increased shoot height, stem diameter, leaf number, leaf area, and fresh leaf weight on Red amaranth (*Amaranthus hybridus*) crops. Furthermore, a reduced pest infestation of the manure was observed. These results were in consonance with the findings of Reddy and Giller [99] that reported successful insect control in cucurbits and legumes with the addition of EM, as well as better growth on crop leaves and stems, leading to 15% yield increases. Vegetable crops are highly susceptible to pests and diseases during the growing phase. According to Joseph et al. [98], the incorporation of EM into organic matter performs two main functions. First, it creates better growing conditions that lead to a stronger and healthier plant. Second, it inoculates the surface of the leaves with beneficial microbes, which compete with pathogens. The EM in poultry manure acts, according to these authors, as an insect repellent by creating a barrier around the plant when applied.

Wan et al. [53] studied the effects of EM inoculation in compost of chicken manure with corn straw by evaluating the influence of temperature, pH, humidity, nitrogen transformation, C/N ratio, humification levels, and maturity of the compost. The results showed that the inoculation with microorganisms prolonged the thermophilic stage in the composting compared to the control groups, increasing the temperature, the pH, and the germination index as the composting period progressed. These results suggest that inoculation with microorganisms was useful to facilitate the composting process, since it significantly reduced ammonia content during the cooling stage. Furthermore, nitrate content increased on day 10, continuing until the end of the thermophilic stage. Improvements were also observed in nitrogen transformation, humification levels, and compost maturity in the inoculation piles. In conclusion, the authors suggested generalizing the practice of EM cocktail inoculation to increase efficiency and promote maturity in composting chicken manure. Uribe et al. [100] reached similar conclusions when evaluated the poultry manure composting process of cage birds and the effect of EM on the physical

and chemical composition of the compost. The mixture of chicken manure with EM presented a faster decrease in pH, below 8.5, which indicates an acceleration in the compost stabilization process. The physicochemical tests carried out by these authors showed higher values of nitrogen and potassium for the mixture of chicken manure with EM. The values in the carbon/nitrogen ratio and in the cation exchange capacity were adequate and in line with what is normally obtained for this type of composting.

### 3.2 Effects on cattle manure

Composting is a common and effective method of treating cattle manure and the resulting product can be used as organic fertilizer [101]. During the process, bacteria, fungi, microarthropods, and other organisms break down organic material into stable and usable organic substances called compost [102]. The degradation process occurs naturally; however, different measures have been developed to accelerate the biodegradability of the indigenous microbial community. Inoculation is an induced measure that helps to increase the initial microbial population in cattle manure, generate the desired enzymes, improve the number of beneficial microbial communities, and therefore significantly improve the overall composting process [103]. Jiang et al. [104] reported that adding 1% EM (including ammonifiers, nitrobacteria, and *Azotobacter*) at the beginning of composting could effectively promote compost maturity and reduce nitrogen loss. Xi et al. [103] also found that the inoculation of microbes increased the content of fulvic and humic type compounds, as well as the degree of humification of the composting products. These authors reported that the multi-stage inoculation method extended the period of high temperature and improved the community diversity of bacteria and fungi; at the same time, it reduced competition between the inoculations and indigenous microbes, which favored the growth of the inoculated microorganisms. Zhao et al. [105] using in this case compost from agricultural waste also observed that inoculation at different stages of composting could clearly accelerate degradation and improve the diversity of the actinobacteria community. Nakasaki et al. [106] showed that the yeast strain *Pichia kudriavzevii* RB1 affected the early stages of cattle manure composting before the thermophilic stage and accelerated the general composting process. Li et al. [102] inoculated cattle manure with a mixture of EM isolated from natural composting piles, noting that this action did not significantly shorten composting time. However, the pile temperature increased, the degradation of organic matter accelerated, and a significantly higher germination rate indicated that maturity was promoted by the inoculating microorganism. In general, all the authors mentioned above demonstrated that the inoculation of EM in cattle manure increases the degradation of organic matter

beyond the capacities of indigenous microorganisms, and that it is advisable to add several inoculations at multiple stages of the composting process to maximize results.

### 3.3 Effect on pig manure

The inoculation of EM in swine manure is less studied than in poultry or cattle manure, due to the high water content of this stream that hinders the economic sustainability of the process in some cases. However, it has been observed how the creation of an antioxidant environment by EM assists in the enhancement of the solid-liquid separation [107], which is the foundation of pig manure treatment. Zhou et al. [108] performed a study to investigate the effect of adding EM in the microbial community and the bioavailability of heavy metals during pig manure composting. In all the experiments the compost met the safety requirement with a germination rate of 96.42%. The overall diversity of bacterial and fungal species decreased throughout the composting process. Also, the bioavailability of Cu and Pb decreased significantly during composting, detecting a correlation between this parameter and the change in the structure of the bacterial and fungal community. Li et al. [109] found that the conversion of Cu and Zn to forms with higher stability during the composting of pig manure with biochar and EM was associated with the formation of fulvic and humic acid-like substances. On the other hand, Xu and Li [110] studied the effects of a commercial microbial inoculant of EM on the composting of pig manure, comparing the evolution of two identical piles, under the same environmental conditions and with the only difference of that one pile was inoculated with EM and the other was not. The results showed a higher temperature increase at the beginning of composting in the inoculated pile. This pile also showed a higher content of N, P<sub>2</sub>O<sub>5</sub>, K<sub>2</sub>O, and macronutrients (NPK), demonstrating that EM inoculation accelerates the transformation of the macronutrient in the final compost product. Changes in total organic carbon indicated that inoculation was also capable of accelerating the decomposition of organic carbon. At the end of composting, the value of the compost germination index that came from inoculated manure was higher than that of the control by 60%. Bastami et al. [111] focused their research on the pig manure storage stage, since in this stage, microbial processes and chemical reactions result in a large release of gases such as methane, nitrous oxide, ammonia, or carbon dioxide, which contribute to the generation of unhealthy environments in the farm. These authors examined how methane emissions evolved from slurry storage under two temperatures (cold, 10 °C and warm, 30 °C) when a 10% (w/w) solution of EM in a substrate rich in glucose was applied. The addition of sugar influenced anaerobic microbial respiration, resulting in a reduction of the slurry pH to <5.0, through “self-acidification” caused by lactic acid

production. Subsequently, CH<sub>4</sub> emissions were significantly reduced by 87 and 99% in cold and warm environments, respectively. These results suggest that self-acidification after the addition of EMs may be a promising alternative to acidification of manure using concentrated acids. Another study [112] investigated how ammonia emissions from crude slurry were affected after the addition of different EM mixtures. In the ammonia removal efficiencies of the experimental groups, some mixed cultures showed 55.9 to 86.7% removal efficiencies throughout the period compared to the control group that had not undergone any inoculation. Other studies also show how pig manure inoculation with an EM mixture rich in lignocellulose-degrading microorganisms could decrease the risk of antibiotic resistance genes spreading and make manure management processes more secure [113].

## 4 Strategies to improve the effect of EM after their inoculation into the soil

The original uses of EM were in agriculture to increase the productivity of organic farming systems [8]. Today, EM are often applied to the soil directly as part of the organic matter added to the fields, either as manure or other fertilizer, or provided as part of a compost that has been prepared using EM as an additive to improve and shorten the maturation process. Research has also demonstrated that inoculation of soils with EM-inoculated manure can improve soil health and soil quality. This general improvement is often related to increased organic matter content, improved infiltration and aggregation, increased aeration, and decreased bulk density, erosion, or compaction [5]. The beneficial effects generated by EM are not immediate, but are observed when the inoculated microorganisms become established and dominant in the medium. In some soils, a single EM inoculation may be sufficient to produce the desired results, although this is not common. Most authors recommend repeated application of EM-enriched manure, especially during the first growing season, in order to facilitate earlier establishment of the introduced microbiota [8].

The application of EM-enriched manure to the soil/crop can be done in different ways, depending on the nature of the manure (solid or liquid), as discussed below:

EM inoculation directly into the soil—different EM preparations can be applied to the soil prior to sowing or during cultivation. When using EM in fermented poultry manure, Ncube [91] recommends a 1:300 dilution of EM multiplied in water. This author recommends an application of enriched compost up to 2.5 tons per hectare. Higher doses may be detrimental to plants due to the high levels of organic acids generated which may damage their roots. EM applications mix with the soil by plowing.

Irrigation with EM-enriched liquid manure (fertigation)—EM formulations can be applied to the soil via the irrigation with manure. Dilutions of EM from 1:1000 to 1:5000 could be used [91].

Spraying EM-enriched liquid manure on leaves—spraying EM on plant leaves can serve as a pest control and prophylactic treatment for disease control. Spraying is recommended to be done periodically throughout the plant's growth period. Ncube [91] recommended dilutions of 1:1000 of EM although, depending on the culture, dilutions of 1:500 or 1:2000 could also be used.

According to Olle and Willians [8], depending on the amount of manure to be turned into humus, the required dose of EM can vary considerably between 20 and 40 liters per hectare in the case of diluted preparations up to 1–3 liters per hectare in the case of more concentrated commercial preparations. If the soil contains high levels of undecomposed organic matter, the dose of added EM can be increased. Whenever possible, it is advisable to dose EM in spring and, if an autumn treatment has not been carried out, these doses should be increased to ensure proper inoculation of the soil with EM.

## 5 Conclusions and future research

When EM increase their population, as a community in the environment in which they are, the activity of natural microorganisms increases, enriching the microflora and balancing microbial ecosystems. EM comprise a great microbial diversity represented by lactic acid bacteria, photosynthetic bacteria, yeasts, actinomycetes and filamentous fungi with fermentative activity. These microbial consortia have numerous applications in manure management, when their final use is as fertilizer, because they functionally favor the degradation of organic matter, the transformation of nutrients into forms assimilable by plants, the control of emissions and odors and the absence of pathogenic organisms. In this sense, the mixed culture EM contains anaerobic and aerobic microorganisms that cause the decomposition of organic matter. The objective of lactic bacteria is to transform part of the carbohydrates into lactic acid with a resulting effect that is the decrease in pH with great control of pathogenic microorganisms. Phototrophic bacteria carry out incomplete anaerobic photosynthesis, being very useful because they will be able to detoxify the manure of toxic substances for the plant that are formed during fermentation. They are also capable of conserving nitrogen during manure processing. Biostabilized manure, when applied to the soil, can progressively inhibit the attack of other bacteria and microorganisms that cause pathologies by having a colonizing effect on the soil due to the displacement produced by the space they occupy and by reducing its energy supply. The microorganisms

developed in the medium after the application of the inoculated manure constitute the optimal environment for plant growth, generating a great rooting and biostimulating effect, and positively affecting the quality of the crops and the soil. All the studies gathered in this document suggest that the inoculation of EM in manure is a feasible strategy to convert animal wastes into compost efficiently, in addition to improving health conditions in livestock facilities.

Many researchers are working today to analyze the effect of EM-rich diets on animal health and welfare and on the quality of meat and eggs. In general, a change in the global metabolism of the animal is detected thanks to EM, which will undoubtedly have repercussions on the composition of the manure and its agronomic value. However, very few references have been found that analyze the quality of the manure when the animal is fed with a diet rich in EM. On the other hand, no reference has been found in which the potential of this manure enriched in EM through the diet is evaluated as fertilizer. This research is proposed now as a future line of work given its potential interest.

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